



Summer Sensory Fun

Open ended sensory activities inspire creativity, problem solving, and exploration with little to no rules or guidance needed! Explore the feelings fun in the sun with:

Water Play

Fill the tub, unused storage bins, or buckets with water. Add pom poms, scoopers, ice, etc.

Window Wonders

Cut shapes out of foam sheets to create your own clings. Dip in water to make them stick.

Foam at Work

Create a foam zone with shaving cream and sand. Add in your favorite trucks and cars.

Bean Bins

Fill bins with different dried goods (beans, rice, corn). Practice scooping into different containers.

Nature Scavenger Hunt

Search your yard or neighborhood for objects that are different colors, shapes, and textures.

Get Dirty

Break out the shovels and explore our earth. What can you find in the dirt? Rocks, sticks, etc.

Colorful Chia Gel

Mix 1/4 c chia seeds + 1 3/4 c water. Divide into cups & add food coloring. Scoop & play.

Ice Explorer

Freeze toys in a tupperware with water/milk. Dump & watch them melt or hammer/chip away!

Use Your Noodle

Boil noodles, strain, & put in a ziploc with oil & food coloring. Add scissors, tongs, forks, etc.

Frozen Art

Freeze paint mixed with water in ice cube trays with popsicle sticks. Paint away!

Do you have questions or concerns about your child's development?

Call or email us today for a free "get to know you" call.

